Weight control could affect gums

The health complications of being overweight, such as increased risk of heart disease, Type 2 diabetes and certain cancers, have long been reported. Health-care professionals often urge patients to manage their weight and strive to get physical exercise each day to achieve and maintain overall health. And now, researchers have uncovered another benefit of maintaining a fit lifestyle: healthy teeth and gums.

In a study published in the August issue of the Journal of Periodontology, researchers found that subjects who maintained a healthy weight and had high levels of physical fitness had a lower incidence of severe periodontitis. Using body

IICOI, DGOI join up for implant program in Germany

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his year, the International Congress of Oral Implantologists (ICOI) will be holding its 27th World Congress in cooperation with the German Society for Oral Implantology (DGOI) for the second time in only five years.

From Aug. 26–28, leading international members of the implant scene will get together at the Hamburg Convention Center for the 7th International Annual Congress of the DGOI and the 27th World Congress of the ICOI.

This joint congress once again shows the closeness between the German Society for Oral Implantology and its international parent organization.

The scientific directors of the main podium for 2010 will be Dr. Hom-Lay Wang from the United States, representing the ICOI, and Dr. Georg Bayer from Germany, president of the DGOI.

The program will cover the following topics: “Digital Planning for Exact Implant Positioning,” “Complications and Problem Management,” “Innovations in Implant Therapy,” “Growth Factors and Predictable Bone Regeneration” and “Predictable Aesthetics: Concepts For Success.”

More than 50 international speakers will be presenting evidence-based assessments and introducing new developments in oral implantology.

In addition to the main podium schedule, the congress will: devote Saturday morning to young implantologists; have a two-day auxiliary program for staff members; allow for many international members to participate in the congress via an extensive table clinic and poster presentation competition; and feature several workshops compliments of sponsors on Thursday morning.

For more information, visit www.icoi.org.